## **CLAIMS:**

## We claim ...

- 1. A computer virus avoidance system that sends an e-mail with an attachment to e-mail users and creates a list of e-mail users that open the attachment.
- 2. The computer virus avoidance system of claim 1, wherein the attachment displays a message to the user when the attachment is opened.
- 3. The computer virus avoidance system of claim 1, wherein an e-mail message is sent to users that open the attachment.
- 4. The computer virus avoidance system of claim 1, wherein the attachment transmits replications of itself to other e-mail users.
- 5. The computer virus avoidance system of claim 4, wherein the number of replication and transmission cycles is limited.
- 6. A computer virus avoidance system and an e-mail system, comprising: a means for sending an e-mail with an attachment to an e-mail address, and a means to send an e-mail to a specific e-mail address when the attachment is opened.
- 7. The computer virus avoidance system of claim 6, wherein the attachment displays a message to the user when the attachment is opened.
- 8. The computer virus avoidance system of claim 6, wherein an e-mail message is sent to users that open the attachment.
- 9. The computer virus avoidance system of claim 6, wherein the specific e-mail address gathers and creates a list of e-mail users that opened the attachment.
- 10. The computer virus avoidance system of claim 6, wherein the attachment contains a means to send a replica of itself to another e-mail address.
- 11. The computer virus avoidance system of claim 10, wherein the number of times that the attachment replication process is limited.

- 12. A computer virus avoidance system in a computer network and a system for sending an email wherein an e-mail is sent to an e-mail address, and the e-mail has an attachment that sends an e-mail to a specific address when the attachment is opened.
- 13. The computer virus avoidance system of claim 12, wherein the attachment displays a warning message to the user when the attachment is opened.
- 14. The computer virus avoidance system of claim 12, wherein an e-mail message is sent to users that open the attachment.
- 15. The computer virus avoidance system of claim 12, wherein the specific e-mail address is that of an e-mail "in-box" that creates a list of e-mail addresses that have sent it messages.
- 16. The computer virus avoidance system of claim 12, wherein the attachment sends a replica of itself to another e-mail addresses.
- 17. The computer virus avoidance system of claim 16, wherein the number of replication cycles is limited.